

Oceania Kata Championships 2010

GOLD, GOLD and GOLD

The amazing efforts of Peter White and Andrew Coatsworth resulted in them winning 1st Place in all three of their contested Katas. They are now Oceania Judo Kata Champions, not only in Nage no Kata but also in Katame no Kata and Kodokan Goshin-Jutsu.

The Championships were held after four intense days of training in Ju-no-Kata, Kime-no-Kata, Katame-no-Kata/Goshin-Jutsu and Nage-no-Kata.

Even though Peter White was asked to demonstrate quite a number of times during the four days of training sessions (and was carrying an injury), Andrew and Peter were still able to present outstanding performances in all three of their Katas, deservedly receiving their placings.

Janet Lambert and Jenny Beaton also put in a creditable performance in Ju-no-Kata despite the fact that Janet had sustained a hamstring injury during the preceding training which prevented the full lifting action required in Ju-no-Kata.

The chance to learn and train under Senior Kodokan Sensei, was an opportunity too good to miss and many Shiai players are now aware and have a greater understanding of the technical complexity, fitness level required and the benefits Kata can bring to their Shiai and vice versa.

Ju-no-Kata was conducted by Nagai Sensei and the participants were a healthy mix of both male and female judoka, as with all Kata sessions. Sato Sensei was the Senior Instructor for Kime-no-Kata, Goshin-Jutsu and Nage-no-Kata ably assisted by Doba Sensei. Katame-no-Kata was instructed by both Nagai Sensei and Doba Sensei. We were also pleased to see Kobayashi Sensei from the Kodokan.

Judoka wishing to become Judges for one/all Kata were also able to participate at the Competition and hopefully gain this OJU qualification. Rod Cox has been a valuable asset to Victoria as he is an IJF licenced Kata Judge in Nage-no-Kata, Kime-no-Kata and Katame-no-Kata.

Congratulations Peter, Andrew, Janet and Jenny